

Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. of Everett and Snohomish County

B.I.K.E.S Next Club Meeting Thursday, April 13th

APRIL 2006

ISSUE 318

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From the President

Next Club Meeting 7 p.m. April 13th
At PUD, 2320 California, Everett.

Meeting before the meeting

See you at 5:30pm Thursday, April 13th at Supee's Thai Kitchen 2725 Colby Ave Everett.

McClinchy Mile Makes Good

Despite a cold morning that discouraged some riders, we had 278 people sign in at the 2006 McClinchy Mile. There were 28 pre-registered no-shows including five who had purchased shirts. So, we had the equivalent of 306 registrants – down a couple hundred from the past two years, but very respectable and definitely profitable.

Our success is also measured in club involvement. We had 25+ volunteers helping out the day of the event, staffing four food stops, providing ride support, directing parking and taking money. Many of those volunteers and other club members rode a loop or two themselves – or three. Thanks to Eric Troili, we now know that riding all three loops add up to 108 miles.

We sold (or gave to volunteers) 100 Irish green McClinchy shirts. Bill Weber also got such a deal on the shirts that he got volunteers sweatshirts for those who wanted – or fit - them. Final numbers on profits and expenses will be discussed at our April meeting. That will also be our time to review what worked and what we can improve for next year's event.

I'd like to thank several key volunteers who put in many hours the past few months to make McClinchy work: Mike Dahlstrom, Seattle Bike Expo; Bill Higley, county permits; Debbie Kawamoto, insurance, money payer and taker; Bill Weber, t-shirts and mechanical support; Debby Grant, food; Patty Garrett, Arlington point person; Mike Snodgrass, maps; Ginny Conley, shopper; Tim Wise, flyers and website; Con't —>

McClinchy Mile Con't

Dan & Elaine Scott, routes and planning; Warren Bare, signs and planning; Jack McClinchy, route marking, Janet Orso, t-shirt design. Lots of folks came out to help that day, including some new faces we really enjoyed seeing: Mary Andrew, Terry Snodgrass, Desiree Troili, John Carlin, John Lindstrom, Pete Pisani, Shirley Slade, Bill Nugent (who also helped construct our new signs), Gary Sauter, Jerry Maris (also helped with pre-planning), Richard Burrows, Rod McDonald, Albert Penta, Mason Rutledge.

Sharing Wheels News

B.I.K.E.S Recycles on Earth Day

The big spring project for Sharing Wheels is recycling bicycles for the annual Kids Bike Swap June 4. Kids bikes are easy to work on, but they do take time and TLC. Celebrate Earth Day by coming to the B.I.K.E.S. Club work party at Sharing Wheels from 10 a.m. to 2 p.m. **All miles riding to the work party count as club miles!** (you wouldn't want to drive on Earth Day).

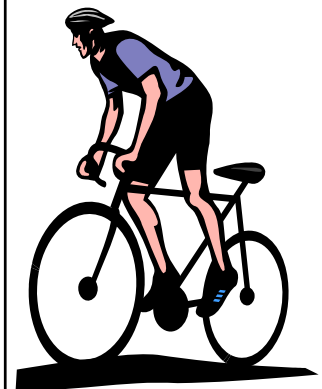
Ride Leaders Wanted

Kudos go to Bill Lutterloh, who started as a ride leader in 2005 and hasn't stopped yet! You too can invite your B.I.K.E.S. Club friends to join you on your favorite ride. Don't worry, we'll make sure an experienced ride leader comes along on your first ride to offer support and advice. Contact Tim or Kristin for more information.

Upcoming Dates

BIKES Club Sharing Wheels Work Party, April 22

Camano Climb, May 7,
visit www.stanwoodvelosport.com for info.



Yakima Wine Ride, May 20-21

The Bikes club annual wine tasting ride in the Yakima Valley will be May 20 and 21 this year. Please mark the weekend on your calendars.

The ride is usually about 35-40 miles with stops at 5-7 wineries with sag support on Saturday and 35 miles Sunday on a non winery ride. We usually get together for dinners and there are options to camp or motel it depending on your comfort.

Contact Jack McClinchy Phone: 360-435-5978 Email: jimclinchy@msn.com

B.I.K.E.S.**Club Officers and
Support Information**

Kristin Kinnamon
President
(360) 658-2462
Kinnamonk@aol.com

Bill Weber
Vice President
(425) 252-9587
bbweberwa@verizon.net

Debby Grant
Secretary
(425) 778-5530

Debbie Kawamoto
Treasurer
(425) 349-2209
Dkmoto@aol.com

Tim Wise
Newsletter Editor
(425) 754-7916
bikeseditor@gmail.com

Fred & Kala Koch
Member Roster Coordinator
(425) 487-3221
fredkoch@hotmail.com

John Carlin
Frequent Rider Miles
Coordinator
(425) 778-4529
johnecarlin@comcast.net

**Address, Name, Phone and
Email Changes**

Remember to contact

Fred or Kala at (425) 487-3221 or
fredkoch@hotmail.com for any
changes or corrections to your
address, phone number or email
in the club records.

If you are a member and are not
receiving your newsletter in the
mail, let Fred or Kala know.

RIDE GUIDE**PACE**

Leisurely / Under 10 MPH
Social / 10-13 MPH
Moderate / 13-16 MPH
Brisk / 16-18 MPH
Strenuous / Over 18 MPH

TERRAIN

A Mostly flat / Norman Road
B Rolling Terrain / McClinchy Mile
C Rolling steeper hills / Kitsap Peninsula
D Difficult Terrain / Whidbey Island
E Very Difficult / RAMROD

Club Picnic June 17

Plan now to join us at Jack & Janell's house on the Stillaguamish River for river floating (weather and water dependent), volleyball, barbecue and camping overnight if you'd like. It's a great time for new and old members to get together.

Bike to Work Day May 19

B.I.K.E.S. Club is sponsoring the Bike to Work Day Celebration Station at McCollum Park near Mill Creek. We need volunteers to staff that station (and others) from 5:30 a.m. set-up to 9 a.m. close.

Also, plan now to participate in the Bike Commute Challenge. Either form a team of 4-10 at your workplace or, we can form a B.I.K.E.S. Club team of members riding to different workplaces. The goal is five bike commutes in five weeks. Easy, huh?

The official Snohomish County Bike to Work website will be up in mid-April.
Visit www.communitytransit.org/go2/biketowork. Call Kristin for information at 425-348-2369.

Other Rides

May 13, Skagit Spring Classic, at Bayview Elementary School in Burlington. www.skagitbicycleclub.org

May 21, The Capital Bicycling Club of Olympia hosts the annual Two County Double Metric Century non-competitive ride. www.capitalbicyclingclub.org

Mondays at Sharing Wheels

6-7 p.m. Volunteer Clinic and Pizza

7-9 p.m. Work Party

We'd like to encourage more of you - and your friends - to come help out at the Sharing Wheels shop. We now have Monday Night Work Parties, offering extended hours and a one-hour clinic covering the skills that will be needed for that night's project. Did we mention the pizza? We'll feed you in exchange for your help.

Sharing Wheels

2531 Broadway Ave., Everett, in the Broadway Mall building off the alley entrance
425-252-6952

Shop Hours:

Mondays 11-7, Work Party until 9

Thursdays 11-7

General meeting 6 p.m. April 3

Remember, if you have taken one of our mechanic classes or feel comfortable with a wrench, you can come by any time during open hours to work on a bike.

B.I.K.E.S. Ride & Event Schedule**BICYCLE HELMETS ARE REQUIRED ON ALL BIKE RIDES****April Rides**

Monday afternoons, April 3 & 10: Sammamish River / Burke Gilman Trails. Start time 3:00 PM. Social pace, A terrain, 10 to 35 miles. Precipitation cancels. (Its a good idea to bring a drink, snack, extra inner tube, long gloves, and rain resistant top.) On April 3 start in Bothell at Sammamish River Park on the southwest corner of 102nd Avenue NE (overpass) & Sammamish River. Go south over the 102nd overpass and turn at the first right. On April 10 start at Matthew's Beach Park parking lot. (From Sand Point Way NE go east on NE 93rd Street.) Ride leader Bill Lutterloh 360-668-9554.

Monday afternoons, April 17 & 24: Centennial Trail Rides. On the 17th start at Machias Station. On the 24th start at the south (Snohomish) end of trail at the northeast corner of Maple and Pine. Start time 3:00 PM. Social pace, A terrain, 10 to 35 miles. Precipitation cancels. (Its a good idea to bring a drink, snack, extra inner tube, long gloves, and rain resistant top.) Ride leader Bill Lutterloh 360-668-9554.

Tuesday & Thursday, The Bergeron Loop. 10am Every Tuesday and Thursday starting at 92nd Street Park in Mukilteo. Ride to Snohomish and North Everett, a 35 mile ride; terrain A pace social. Who wants to participate should call me at 425 349-5065 so I can wait for them. Ride Leader: Pier Fiorentini

Thursday Evening: April 13 Thursday Ride: meet at Supee's Thai Kitchen (2725 Colby Ave.) for a pre-dinner ride. What dinner? The pre-BIKES club meeting dinner, around 5:30. Our ride will be social pace, around Everett, 10+ miles. Dan & Elaine Scott 425-355-4510

Thursday Evening: April 20 Thursday Ride: Meet at Rotary Park, on the Lowell River Road. 5:30 p.m., 18 miles, moderate pace, call if in doubt about the weather. Dinner after. Dan & Elaine Scott 425-355-4510

Thursday Evening: April 27 Thursday Ride: Meet at Rotary Park, on the Lowell River Road. 5:30 p.m., 18 miles, moderate pace, call if in doubt about the weather. Dinner after. Dan & Elaine Scott 425-355-4510

Friday Mornings: April 21 and 28. TGIF Ride – Here is the way to start your spring weekends, The ride will start from the Machias Station at 6:30 a.m. It will be a moderate-paced training ride (see ride chart) on the Centennial Trail for 20 miles without any scheduled stops. Rain, heavy fog or heavy frost will cancel. For more information, rutledge3m@earthlink.net or 425-789-1175.

Saturday, April 8 Not a Tulip Ride – Will do March Point, Anacortes, (Lunch Stop) the Swinomish Reservation on this social, a/b terrain 35/40 miles that will start at 9:30 at the parking lot near the north end of the Bay View shoreline nature trail on 2nd a block off Bay View Edison Rd. (3 miles north of Hwy 20) Contact Warren Bare (425)743-7593 warrenbare@verizon.net.

Saturday, April 15 Saturday: ACHIEVE. Check the Ride Changes page about a week before for ride location and start time. This will be approximately 35 miles at a steady high-social pace on A/B terrain. Adverse weather may cancel. Ride leader Debby Grant, 425 778-5530 or debby@jaygrant.com.

Saturday, April 22 - I'll be listing a "do your own" ride to the BIKES Club Sharing Wheels work party in Everett. I'll encourage people to list their rides to Everett on the updates page to form some "bike pools."

Saturday, April 22. McCullom Park to Cathcart to Woodinville to Lake Forest Park and back to the start. 9:30 start time. Miles 40+, A/B Terrain, Social/Moderate pace. Lunch at 3rd Place Books. Heavy rain cancels. Contact Tim Wise 425-754-7916 or tcjkwise@verizon.net

Sunday, April 23rd - Marysville Miles Soup Ride – 30 to 45 mile ride starting midday from Alan Creek Elementary; social to moderate pace over A/B terrain to suit riders. Bring a sandwich and drink and join me for hot soup at my house, only 4 blocks away, at end of ride. Planning to start late-morning (10:30 to noon) call Mike Snodgrass at (360) 653-2384 for actual time. Rain or ice cancels.

Sunday, April 23: EXPLORE*. Daffodil Classic. Social pace, A terrain, 20 (- 40) miles. Meet at McCollum Park & Ride on 128th Street SE (about 4 blocks east of I-5) for ride sharing / convoying at 8:30 AM or at Orting City Park Registration (fee \$20). at 10:00 AM. Precipitation cancels. (It's a good idea to bring a drink, snack, extra inner tube, long gloves, rain resistant top, money for food stop, and maybe a camera.) Ride leader Bill Lutterloh 360-668-9554. *Explore rides are ones not previously checked out by ride leader but information is available and group can explore ride together. See www.twbc.org.

Saturday, April 29 Saturday: ACHIEVE. Tour de Lopez – hosted by the Lopez Island Chamber of Commerce. Pre-register for \$20 or \$25 day of ride. It will also cost to ride the ferry and park in Anacortes. This will be a 31 mile moderately hilly ride. None of the hills are long and extended. Visit <http://www.lopezisland.com/tour.html> for details and registration. Please RSVP before April 15th. Carpooling will be arranged. Ride leader Debby Grant, 425 778-5530 or debby@jaygrant.com.

Sat-Sun. April 29 & 30 - Port Townsend Club Weekender- ferry to Whidbey Island from Mukilteo, ride the hilly 30 miles to Keystone and ferry to Port Townsend. Explore the town, shop, relax, eat, motel overnight, return on Sunday. We planned to ride this unsupported, but if someone wants to drive or share driving/luggage hauling, or ? Weather dependent. Please call before April 27. Dan & Elaine Scott 425-355-4510

May 21-22, Yakima Wine Tasting Ride. The Bikes club annual wine tasting ride in the Yakima Valley will be May 20 and 21 this year. Please mark the weekend on your calendars. The ride is usually about 35-40 miles with stops at 5-7 wineries with sag support on Saturday and 35 miles Sunday on a non winery ride. We usually get together for dinners and there are options to camp or motel it depending on your comfort. Ride leader is Jack McClincy 360-435-5978 for info as we get closer.

Frequent Rider Club for all Club Riders			What's New with the Club Name
First Name	Last Name	Miles	Dear B.I.K.E.S. Club Members,
Dan	Scott	499	I am so proud of the way the discussion and vote on our club name have gone. First, we've had a good, open exchange of ideas for many months. People have advocated their positions, and we have listened to each other. Then, 35 members participated in the election on March 11– many who were at McClinchy Mile volunteering, some after riding the event and at least two very dedicated, long time members who drove to Arlington just to make sure their views in support of our original name were heard.
Bill	Lutterloh	362	
Mason	Rutledge	325	I think they were. Because although 30 of 35 votes supported a name change, newer members who voted for those changes were sensitive to our club's history while seeking modifications. We like "BIKES" after all – our website, our logo, our tradition in the community. Most importantly to some members, it's not entirely clear to me that we will be leaving Bikers Ideal Kinematic Exploration Society Club completely behind.
Elaine	Scott	321	
Annie	Peterson	308	The name with the most votes (11) was B.I.K.E.S. Club of Snohomish County. Depending how you count the ballots (yes, we need a recount), the next most popular name was Snohomish County Bikes. Considering that for most of our history "of Everett" or "Everett B.I.K.E.S." has been tacked on to our club name in some way, I am glad that we are choosing to officially give our club a broader sense of "place."
Warren	Bare	291	
Steve	Hudspeth	264	Of course, we don't have a new name yet, because although we got the requisite 15% membership vote (based on 169+ members), and even a 2/3 vote for a "new" name, no one name got 2/3 of the votes. We had lots of choices, after all.
Wendell	Hultman	242	
William	Weber	186	The next step is to recount the ballots at our next meeting, to try to figure out just which two names got the most votes. The next election could be between B.I.K.E.S. Club of Snohomish County and Bikes Club of Snohomish County – I'm not kidding!
Tim	Wise	179	
John	Marshall	154	We may try to vote at the club picnic June 17, but more likely the next time we get enough of us together will be at our holiday party in December.
Bill	Nugent	149	
Eric	Troili	140	Until then, let's enjoy being who we are - B.I.K.E.S. Club – a great group of people who like each other's company, whether we're riding, stuffing newsletters, supporting other riders or helping the community with bike safety and advocacy.
Pam	Hallanger	133	
Jack	McClincy	129	For the record, this is the count I got:
Bob	Nyberg	114	
Debby	Grant	108	1. Snohomish County Bikes Club - 7 (+ one write in for Snohomish County BIKES Club)
Kristin	Kinnamon	106	
Tom	O'Hara	96	2. Bikes Club of Snohomish County – 8
Albert	Penta	85	
Debbie	Kawamoto	81	3. B.I.K.E.S. Club of Snohomish County - 11
Burrows	Rick	72	
Robert	Smith	69	4. B.I.K.E.S. Club (no change) - 5
Terri	Spencer	63	
Fred	Koch	58	One write in for Snohomish County Bicycle Club
Kala	Koch	58	
Peter	Pisani	56	Elaine Scott counted the votes a little differently than I did. If you want to help get the final tally, see you on April 13.
Desiree	Troili	50	
Perry	Walker	49	
Dave	Johnson	47	
Janell	Reich	47	
Quinn	Kawamoto	43	
John	Spencer	35	
John	Carlin	34	
Bill	vanHorn	34	
Tommy	Weber	34	
Kristii	Knodell	29	
Hauff	Gary	24	
Hauff	Jeanette	24	
Michael	Dahlstrom	14	
Club Miles as of 3-12-2006			
Let John know if these numbers are inaccurate.			

<p align="center">New Members:</p> <p>BIKES would like to Welcome the following <u>New members:</u></p> <p align="center">Ed Bremer & Lucia Johnson-Bremer</p> <p align="center">Mary Lind</p> <p align="center">Frazier & Sophie Nyasulu</p> <p align="center">Drew Ellison & family</p> <p align="center">We hope to see you on a ride soon!</p>	<p>BIKES would like to Welcome the following <u>Renewing members:</u></p> <p align="center">Rob Smith</p> <p align="center">George Price</p> <p align="center">John Lindstrom</p> <p align="center">Steve Kelley</p> <p align="center">Kit Wennersten & family</p> <p align="center">Claudine Yonke</p> <p align="center">Pete Pias</p> <p align="center">Dan & Elaine Scott</p> <p align="center">We hope to see you on a ride soon!</p>
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***** **ACHIEVE** *****

In January, BIKES began a series of semi-monthly training rides. The rides will progress from relatively flat 20 mile courses to more difficult somewhat hilly terrain and 40-50 mile distances.

The series will culminate in a two-day weekend ride in a scenic location. These rides are designed for riders who want to improve their endurance and cycling skills and increase their comfort level riding on the road.

They'll also offer opportunity to meet other cyclists, try out some new eateries, and start preparing for all the great spring and summer cycling that the Northwest offers.

Check the club ride listings for dates and mark your calendars!

 Debby Grant
debby@jaygrant.com

F.Y.I.

NEWSLETTER STUFFING:
 Next month's newsletter stuffing will be held at Mary Andrew's house on Monday, April 24th at 7:00 pm. Please call for directions 425-337-6009 or email mfa425@yahoo.com

See you there.

RIDE COORDINATOR:
 May's Ride Coordinator is Warren Bare. Please call 425-743-7593 or email warrenbare@verizon.net before April 18th to schedule a ride for next month.

Advertise in the Newsletter!

Here is a new section of the newsletter to advertise something to sell or buy. Based on monthly available space, the listing priority will be as follows;

Priority 1; Club member selling or buying a bicycle related item.

Priority 2; An associate of a club member selling or buying a bicycle related item.

Send an email to the newsletter editor at bikeseditor@gmail.com.

NEWSLETTER SUBMITTAL:

E-mail Tim Wise at bikeseditor@gmail.com

Please submit all material for the May newsletter by April 18. Thanks!

Discounts for B.I.K.E.S. Members

As a member of BIKES, you are entitled to 10% discounts off accessories at the following bike shops when you present your current membership card:

**Bicycle Centers,
 Bicycle West,
 Spokemotion**

(formerly Monroe Cyclery), Tim's Bike Shop, Harvy's Bike Shop in Lynnwood and Stanwood Velo Sports have joined our list of supportive bicycle shops.



B.I.K.E.S.-Membership P.O. Box 5242, Everett WA 98206

Name _____

Address _____

City _____ State _____ Zip _____

Telephone (____) _____ - _____ Email _____

- Membership** \$15 Annual (INDIVIDUAL)
- DUES** \$20 Annually (FAMILY)

www.bikesclub.org

B.I.K.E.S.
P.O. BOX 5242
Everett, WA 98206

Club Bike Box and Trailer

Ready to travel with your bicycle? BIKES Club members can rent our sturdy bike box for airline travel or our BOB trailer to tow gear behind your bicycle. Cost is \$5 for a weekend or \$10 a week – basically, these are club benefits we want people to use. To arrange for rental, contact Kristin at (360) 658-2462 or another club officer.

Chainwheel Chatter

is published by **B.I.K.E.S.**,
a non-profit organization.

See us on the web at www.bikesclub.org.



We're on the web at;
www.bikesclub.org

stamp

Address

Is it time to renew? →

Chainwheel Chatter

BIKE SHOP SPECIAL

(A different Bike Shop Profile for the next 5 issues!)

A BIG Thanks to Eric Troili for gathering the information

Tim's Bike Shop

2401 Broadway, Everett, WA 98201

425-257-9037

<http://www.timsbikeshop.com>

Hours:

Mon - Sat, 10am - 6pm

10% B.I.K.E.S Club Discount on all accessories

Tim's Bike Shop has been in Everett for 26 years. New owner Jay Hiester has the shop going in the right direction as a full service cycling store. Catering not only to the off-road biking community, Tim's can also provide all of your maintenance needs for road bikes, BMX, cruisers and children's bikes.

Their primary mountain biking lines available are: Kona, Norco, and Fuji. They also handle a wide variety of other bicycles including BMX bikes: Eastern, GT, Hoffman, Redline, and Schwinn.

April 2006