

# Chainwheel Chatter

The Monthly newsletter of B.I.K.E.S. Club of Snohomish County

## Your Snohomish County Cycling Club

### FROM THE PRESIDENT

Greetings,  
As I reflect on events of the past year I fondly remember the people I experienced them with. From riding the Chilly Hilly with my brother, to riding the Dam to Dam with my son and the many rides between I have had a chance to spend time with friends and family.

The encouragement I received from fellow riders took me through the STP in one day. 2007 has been a year for memories. Once again with the company of great friends I met my goal of 1,000 BIKES Club miles.

I wish you much success in meeting your goals this year. With very few changes I have some suggestions from last year for the members who haven't made their resolutions yet,

I have a short list of suggestions.

1. Ride your bike often.
2. Ride your bike to a community event.
3. Bring a friend or family member to a ride or meeting.
4. Lead a club ride (don't worry about the speed, remember you're the leader, an experienced club ride leader will join and assist your first time).
5. Go to Bike Expo (the club covers admission for a minimal volunteer commitment).
6. Volunteer to help, ride or both on the McClinchy Mile Bike Ride. (Many of the jobs i.e. Parking, Registration, and Planning don't interfere with riding). Come out and enjoy some winter riding.

Colder weather means layered clothes, slower paces and shorter rides. Same great cyclists, wonderful lunch stops and an incredible sense of accomplishment.

Happy New Year. See you on a ride soon.  
Bill

### Club Meeting Jan. 10

7 p.m., at the Snohomish County Administration Building, 3000 Rockefeller Ave., parking below, take the elevator to the 6th floor for conference room 6A04.

Check the website for location of pre-meeting dinner.

Bicycle Alliance of Washington executive director Gordon Black will talk about the group's [legislative agenda\\*](#) for 2008 and how cyclists can be involved in bike advocacy (starting Jan. 29 in Olympia).

Then Snohomish County Public Works director Steve Thomsen will talk about county road and bike plans and how we can help him make local streets more bike friendly

\* legislative agenda can be found on [bikesclub.org](http://bikesclub.org)

### Bike Advocacy Day Jan. 29

Join bicyclists from across the state at Transportation Advocacy Day in Olympia on Jan. 29. We'll make appointments with our Snohomish County legislators to talk about priorities for making cycling safer and more commonplace.

The Bicycle Alliance, along with [Transportation Choices](#), [Feet First](#), [All Aboard Washington](#) and other groups is behind the organization of this event. Food and beverages, inspiration, and key talking points will be provided. We'll surely have a carpool from Snohomish County, and rides from Seattle in shared Flexcars will also be available.

Learn more about the Bicycle Alliance's legislative priorities and advocacy day at [www.bicyclealliance.org](http://www.bicyclealliance.org)

**JANUARY 2008**

**ISSUE 340**

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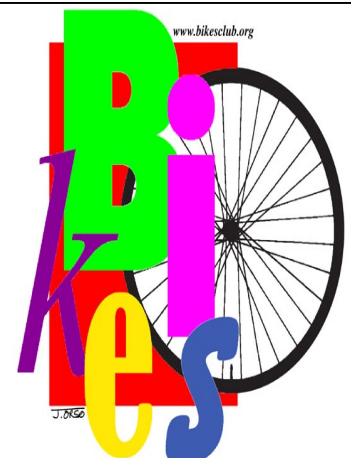
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#### Ride Report

Been on a good ride? Send in a ride report and or photo for inclusion in the newsletter.

Share the fun and inspire other riders.

Send ride reports to [editor@bikesclub.org](mailto:editor@bikesclub.org)



**B.I.K.E.S.**

**Club Officers and Support Information**

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**Address, Name, Phone and Email Changes**

Remember to contact

Fred or Kala at (425) 487-3221 or [roster@bikesclub.org](mailto:roster@bikesclub.org) for any changes or corrections to your address, phone number or email in the club records.

If you are a member and are not receiving your newsletter in the mail, let Fred or Kala know.

**Frequent Rider Miles For 2008**

through 12/15/07

Pier Fiorentini	223	Laura Elmore	43	Warren Bare	25
Kristie Marlett	98	Tim Wise	36	Wendell Hultman	25
Warren McAndrew	50	Bogdan Vladu	35	Steven Hudspeth	24
Steve Linari	47	Kathleen Humbert	35	Allyson Welsh *	19
Bill Lutterloh	43	Bill Weber	25		
Doug Andrews	43	Dan Scott	25		

**Frequent Rider Miles 2007 Totals**

Pier Fiorentini	4559	Bruce Deitz	274	Paul Linari	121
Warren Bare	4396	Hatch McAllister	269	Steven Benson	120
Wendell Hultman	2584	Pam Hallanger	269	Dick Nicholson	117
Bob Nyberg	2202	Scott Moore	269	Melanie Green *	117
Steve Linari	1997	Steve Rossano	260	Michael Snodgrass	116
Tim Wise	1953	Rick Schrank *	256	Tom Weber	112
Doug Andrews	1901	Brent Hunter	252	Perry Walker	107
Bill Lutterloh	1778	Brian Elmore	229	John Linari *	100
Dan Scott	1655	Peter Pisani	225	Marian Brennan	100
Steven Hudspeth	1515	Kathy Riddle	224	Tom Crisp	100
Kristie Marlett	1363	Ross Wolin *	222	Terri Spencer	97
Bill Weber	1137	John Carlin	214	Sandra Breaux *	94
Laura Elmore	1046	Patty Garrett	165	Pam Deitz	92
John Marshall	911	Dan Cornelison	156	Mike Hughes *	90
Annie Peterson	863	Kristin Kinnamon	155	Paulette Hughes *	90
Matt Trafford *	642	Dave Young *	145	Calvin Atkin *	88
Warren McAndrew	597	Rob Smith *	145	Janell Reich	81
Ron McDonald	518	Jack McClincy	143	Arch Fonken	72
Kath- Humbert	496	Kristi Knodell	141	Pat Sickler	71
Elaine Scott	481	Ginger Decker	136	David Robb *	70
Mason Rutledge	476	Russell Goldberg	134	Rod Goldhammer *	70
Linda Hunter	420	Fred Koch	133	Bruce Bullock *	69
Debbie Grant	371	Kala Koch	133	Kevin Schroeter *	67
Mark Andrews	361	Mike Dahlstrom	132	Sharon Andrews	67
Art Arneson	289	Shirley Slade	128	Bob Huey	66
Keith Gerhard	284			Tom O'Hara *	63

## Continued

### Frequent Rider Miles 2007 Totals

Craig	Langley	62	Steve	Green	45	Jim	Smoots *	30
Leslie	Seeche	61	Pat	Cornelius	44	Keira	Ehler *	30
Mary	Andrews	61	James	Olsen *	43	Tom	Van Wyck	30
Glen	Moffitt	60	Jeff	Amman *	43	Allyson	Welsh *	29
Jill	Langley *	60	Jeff	Thompson *	43	Elaine	Jaeger *	25
Joan	Schranck *	60	Tracy	Amman	43	Sue	Tritz	18
Don	Jantz	58	Mark	Olson *	42	Bob	Moon *	15
David	Johnson	53	Tim	Tobin *	39	Gary	Minor *	15
Steve	May *	52	Albert	Penta	37	Rosemary	Randall *	13
Rebecca	McAndrew	50	Debbie	Kawamoto	36	Kit	Wennersten	12
Will	McMahon	50	Garry	Carlin	36	Michael	Lloyd	12
Judy	Corcoran	47	Mareda	Cornelissen	35			
Elaine	Newton	45	Marietta	Zander *	35			
Karen	Smith	45						

## McClinchy Meeting Minutes

**Dec 13, 2007**

The first McClinchy planning meeting kicked off at Alf's Pizza before heading to the Snohomish County building in Everett to work on details.

Warren reported on inventory in the storage locker. 2007 leftover maps are not useable because of sponsorships and 25<sup>th</sup> commemorative markings. Some bibs remain – will need to check sequence numbers and place an order. Have more than enough pins. Some yellow, white and green paint is leftover.

**County Permit:** Debby reported that the LAB and American Specialty renewals are complete for 2008. Bill Higley is beginning the permit process.

**Route marking:** Doug, Warren, Dan and Jack are the core group (need confirmation from all).

**Sponsorships:** Debby – Great Harvest Bread and Mike D – Bicycle Centres. Similar to last year – name/logo on map in exchange for cash or discounted product.

**Cascade insert:** Mike D will arrange (need final version of registration form).

**Rest stops:** Debby – Stanwood and Granite Falls. Tim – Machias. Contact to reserve and confirm details.

**Registration:** Kristin will arrange the active.com setup. Doug and Tim will revise the registration form. Group agreed on a price.

**Mechanical Support:** Velo Sport is no longer open on Saturday. Discussed Pedal Dynamics, Sharing Wheels, REI as possibilities.

**T-shirt or not?** The group decided not. The 2008 ride souvenir will be a kelly green Halo II pullover headband. Ride price (including a discounted age 14 and under price) will include the headband.

# January Ride Calendar

## Weekday Rides

**MEANDERING MONDAYS:** These are Social pace with regroupings, 25 to 40+ miles, varied terrain and a food / snack stop along the way. Check the ride changes page or contact Warren Bare at (425) 743-7593 or email [warrenbare@verizon.net](mailto:warrenbare@verizon.net) for start location and start time.

**Thursday, January 3:** A ride to the Museum of History and Industry for the First Thursday Free to see John James Audubon's, Artist and Naturalist Exhibition which includes a video of his life, 60 hand engravings from "Birds of America" paintings etc. so plan on some time at the Museum. Start at Echo Lake Parking At N 200 St and Ashworth Ave North at 9:30 AM . A/B terrain, Social, 30~ miles and a food stop along the way. Foul weather cancels, for info contact Warren Bare at (425) 743-7593 or email [warrenbare@verizon.net](mailto:warrenbare@verizon.net)

**Thursdays, January 3, 10, 31:** The Alan Bergeron Loop. Meet at 10:00 AM at the Harbour Pointe Evangelical Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo-Lowell-Snohomish-Everett-Mukilteo. 42 miles. Pace: moderate/brisk, terrain: B. Call Pier (425)349-5065 or email: [fiorepg@gte.net](mailto:fiorepg@gte.net)

**Mondays, January 7 & 14:** Burke Gilman / Samammish River Trails. Start time 2:45 PM, Social pace, A Terrain, 19 to 31 miles (or we can arrange a shorter distance). Solid or liquid precipitation cancels and then maybe we will go for coffee. Start in Bothell at Samammish River Park on the southwest corner of 102nd Avenue NE (overpass) & Samammish River. Go south over the 102nd overpass and turn at the first right into the park gravel parking lot (with chickens). Ride Leader Bill Lutterloh @ 360-668-9554. Cell phone afternoon of ride 425-870-6418. Good idea to bring head and tail light.

**Monday, January 14 and 21:** The Alan Bergeron Loop. Meet at 10:00 AM at the Harbour Pointe Evangelical Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Route: Mukilteo-Lowell-Snohomish-Everett-Mukilteo. 42 miles. Pace: moderate/brisk, terrain: B. Call Pier (425)349-5065 or email: [fiorepg@gte.net](mailto:fiorepg@gte.net)

**Mondays, January 7 and 28:** Mukilteo - Echo Lk – Mukilteo. Meet at 10:00 AM at the Harbour Pointe Evangelical Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Via Lowell-Larimer Rd, Connelly, Elliott, Welch Rd, Fales. 50 Miles. Pace:moderate/brisk, terrain:D. Call Pier (425)349-5065 or email: [fiorepg@gte.net](mailto:fiorepg@gte.net)

**Thursdays, January 17 and 24:** Mukilteo - Echo Lk – Mukilteo. Meet at 10:00 AM at the Harbour Pointe Evangelical Lutheran Church at 5425 Harbour Pointe Boulevard, Mukilteo. Via Lowell-Larimer Rd, Connelly, Elliott, Welch Rd, Fales. 50 Miles. Pace:moderate/brisk, terrain:D. Call Pier (425)349-5065 or email: [fiorepg@gte.net](mailto:fiorepg@gte.net)

**Mondays, January 21 and 28:** Centennial Trail. Start time 2:45 PM, Social pace, A and maybe some B terrain, 9 to 35 miles. Precipitation cancels and then maybe we will go for coffee. Start at the south (Snohomish) end of trail at the northeast corner of Maple and Pine. Ride leader Bill Lutterloh @ 360.668.9554. Cell phone afternoon of ride 425.870.6418. Good idea to bring head and tail light.

[leadaride@bikesclub.org](mailto:leadaride@bikesclub.org)

Ride leaders please send your ride ideas to the "leadaride" address, then the email will be automatically forwarded to that month's ride coordinator.

### RIDE GUIDE

#### PACE

**Leisurely** / Under 10 MPH

**Social** / 10–13 MPH

**Moderate** / 13-16 MPH

**Brisk** / 16-18 MPH

**Strenuous** / Over 18 MPH

#### TERRAIN

A Mostly flat / Norman Road

B Rolling Terrain / McClinchy Mile

C Rolling steeper hills / Kitsap Peninsula

D Difficult Terrain / Whidbey Island

E Very Difficult / RAMROD

*Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.*

# January Ride Calendar

## Weekend Rides

**Saturdays, January 5 and 19:** Snohomish, Everett, Lowell-Larimer Rd, Snohomish. Starts at 10:00 AM in Snohomish at the Centennial trail. (On Maple before Pine). Bring snack. 35 miles. Pace: moderate/brisk, terrain:B. Call Pier (425)349-5065 or email: [fiorepg@gte.net](mailto:fiorepg@gte.net)

**Saturday, January 12:** Snohomish - Sultan - Snohomish. via: Monroe. Starts at 10:00 in Snohomish at the Centennial trail. (On Maple before Pine). 45 miles. Pace: moderate/brisk, terrain:C. Call Pier (425)349-5065 or email: [fiorepg@gte.net](mailto:fiorepg@gte.net)

**Sunday, January 13:** Starting at Log Boom Park at 9:30 AM and going to Kirkland, then east adjacent to 520, head to Marymoor Park and velodrome then on to Larry's for a lunch/snack and an easy return on the trail/ roads. Social / Moderate with regroup and foul weather cancels, for info contact Warren Bare at (425) 743-7593 or email [warrenbare@verizon.net](mailto:warrenbare@verizon.net)

**Sunday, January 20:** McCollum Park to Third Place Books. ~35 miles with C terrain. Start time is 10am. Heavy rain, ice, snow cancels. Will stop for snacks at 3rd Place Books. Regroup as needed. Social-moderate pace. Contact Tim Wise 425-754-7916, [tcjkwis@verizon.net](mailto:tcjkwis@verizon.net).

**Saturday, January 26:** Snohomish - Monroe - Snohomish. (if High Bridge Rd is fixed) via: High Bridge Rd - Welch Rd - Echo Lk - Connelly - Springhetti. Starts at 10:00 in Snohomish at the Centennial trail. (On Maple before Pine). 45 miles. Pace: moderate/brisk, terrain:C. Call Pier (425)349-5065 or email: [fiorepg@gte.net](mailto:fiorepg@gte.net)

## Biking News

From the Seattle times. For the full article go to <http://seattletimes.nwsourc.com> Local News: Thursday, December 06, 2007

### Cyclists, skinny tires, streetcar rails not a good mix By Mike Lindblom

*Seattle Times transportation reporter*

New streetcar tracks on Seattle's Westlake Avenue have turned into a trap for bicyclists. The tires on a standard road bike are narrower than the 1 ¾-inch groove that holds a streetcar wheel. If a bicycle veers into that gap, it can easily get stuck, pitching the rider onto the street. Seattle bike activists plan a wheeled protest next Wednesday, when the South Lake Union streetcar begins service from Westlake Center to the Fred Hutchinson Cancer Research Center.

Despite the goal of Mayor Greg Nickels to triple bicycle use, the new streetcar line includes long stretches of track in the curb lanes of Westlake Avenue, where bicyclists normally ride. Many riders have adapted by riding on sidewalks, to the left of the tracks — or in the left lane, which aggravates motorists."

The streetcar isn't operating yet, and we're already seeing people crashing," said Seattle Likes Bikes member Michael Snyder, who said he has heard of eight or nine accidents. Stacey Merrick said she was pedaling north on Westlake two weeks ago, in the curb lane but just left of the rails.

She felt pressure from passing cars, drifted right, and became snared in the trackway. "I had two options: fall into moving rush-hour traffic, or slam into the back of a parked car. I opted for the parked car." She got up, bruised and bleeding, then noticed her body broke the car's taillight. Merrick said she no longer rides there.

B.I.K.E.S. Club  
P.O. BOX 5242  
Everett, WA 98206

stamp

**BIKES Club Members  
Renewals:**

- Peter Pisani
- Bev Rossiter
- Will McMahan
- Clark & Marlee Huber
- Dick Nicholson
- Barbara Briman
- Jim and Jeannie Grippin
- Fred & Kala Koch

- New:**
- Kacey Brotten
  - Brian & Laura Elmore

**Newsletter stuffing**

The January newsletter stuffing will be on January 28<sup>th</sup> at Mary Andrews' house in Everett.  
Call for directions 425-348-7390



We're on the web at  
[www.bikesclub.org](http://www.bikesclub.org)

Address

Is it time to renew? →

# Chainwheel Chatter January 2007

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annual (INDIVIDUAL)**  
**DUES \$20 Annually (FAMILY)**

**Member benefits:** 10% discount at local bike shops with your member card (see website for list), low-cost bike box and trailer rentals, Frequent Rider Club, monthly newsletter, social and advocacy activities.