

# Chainwheel Chatter

Your Snohomish County Cycling Club for OVER 30 YEARS

## The Prez Says

September is almost here and BIKES Club of Snohomish County starts the 2012 - 2013 year with its first meeting on Sept 13, 2012 at 7pm. Meetings are held at the PUD building in Everett at 2320 California Ave. All members and guests are welcome to attend. For all new members who joined and rode throughout the summer, I want to welcome you to BIKES. For those who want to meet for a light dinner before the meeting, we will be gathering at Fish Tale Brew Pub on the corner of Hewitt and Broadway between 5:30 and 6pm. It's a nice place, close to the PUD building.

Our officers this year, besides myself, are Rick Schranck, Vice President, and our new treasurer, Gery Osowiecki. Gery was elected treasurer at the August picnic. Speaking of the picnic, the turnout this year was large, with both new members and current members and a good time was had by all.

I hope all members are enjoying the long-awaited summer weather. Club rides will continue into the fall and beyond, weather permitting. If anyone has an idea for a ride please send it to the rides coordinator, leadaride@bikesclub.org. The September newsletter is in production but ride leaders can post to the Ride Updates page any time. The newsletter cutoff for October will be around the 18th of September.

I am hoping that this year brings good cycling weather, especially for the McClinchy Mile, as well as increased rides and membership and general all around fun and good times for all BIKES members. If anyone has any input, please come to the September meeting. Meetings are open to members and non members alike to meet and ask questions. Right now BIKES is in need of a Secretary. This is a board position for someone to take the monthly meeting minutes, as well as involvement with other club activities. If anyone is looking for some club volunteer time, this is a good way to start, be involved and know more people.

I look forward to this coming year.

Steven Arnhold, President

September 2012

ISSUE 396

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### September

#### Club Meeting

#### THURSDAY

Sept.13 7:00pm

Snohomish County PUD Bldg.

2320 California Ave, Everett

Everyone's welcome and if time

permits join other club members

at 5.30pm for an early

dinner at:

*Fish Tale Brew Pub*

*2019 Hewitt Ave*

### Club Members Rod McDonald & Denny Andrie Complete their cross country adventure



Left Washington in early June  
(Weather on Sherman Pass (Left)  
Arrived on east coast August 8th  
Dipping wheels in the Atlantic (Right)  
Traveled over 4000 miles.  
Eight 100 mile days  
Good Job  
Other details we hope to hear about at  
a future Club meeting.



## B.I.K.E.S. Club Officers & Support Information

**Steve Arnhold**  
President  
president@bikesclub.org

**Rick Schranck**  
Vice President  
Vicepresident@bikesclub.org

**Vacant**  
Secretary  
secretary@bikesclub.org

**Gery Osowiecki**  
Treasurer  
treasurer@bikesclub.org

**Tim Wise**  
Web Master  
webmaster@bikesclub.org

**Warren Bare**  
Newsletter Editor  
editor@bikesclub.org

**Linda Hunter**  
Frequent Rider Miles  
Coordinator  
ridermiles@bikesclub.org

**Monthly Ride**  
Coordinator  
leadaride@bikesclub.org



## Club Miles Compiled to

The Frequent Rider Miles program is a fun benefit for BIKES Club members. Ride 100 miles or 500 miles or 1000 miles, or more, on club sponsored rides and earn a reward. Miles are tracked from BIKES Club rides as reported by ride leaders.

**Ride Leaders:** When reporting a ride, please remember that a ride is eligible for club miles when 1) the ride is listed in the newsletter and on the Rides web page; even if only the ride leader participates or 2) the ride is listed on the Ride Updates web page and the leader and one other person from a different address participates. When reporting, please include your name, name of your ride, ride date, number of miles, names of participants, member status.

## Frequent Rider Miles – As of 8/19/2012

Pier	Fiorentini	2288
Warren	Bare	1667
Tim	Wise	771
Bob	Nyberg	747
Bill	Lutterloh	700
Gery	Osowiecki	652
Steve	Linari	646
Dan	Scott	551
Bill	Weber	481
Marilyn	Perala	463
Bette-Ann	Shroyer	417
Linda	Hunter	315
Dorothy	Lindstrom	303
Elaine	Scott	291
Mike	Dahlstrom	268
Pam	Hallanger	265
Clarence	Elstad	250
Kathy	Riddle	236
Tom	Weber	231
Susie	Paquette	209
MJ	Gerst	202
Perry	Walker	199
Bruce	Deitz	195
Cheryl	Walchi	182
Fred	Koch	179

Nancy	Graham	177
Jim	Stewart	177
John	Carlin	176
Pam	Deitz	176
Kala	Koch	159
Susan	Lahti	159
Kristi	Knodell	152
Kristin	Kinnamon	141
Warren	McAndrew	120
Michael	Snodgrass	116
Peter	Pisani	107
Jack	McClincy	100
Denny	Andrie	99
Rick	Schranck	99
Steven	Hudspeth	97
Jim	Roosma	93
Janell	Reich	78
Dick	Nicholson	75
Russ	Rainforth	75
Tina	Rainforth	75
Evelyn	Rayburn	71
Adrienne	Dorf	69
Judy	Brackett	65
Judi	Chadwick	63
James	Wright	61

Tom	Crisp	61
Doug	Andrews	57
Ed	Moyer	53
Leslie	Strickland	50
Ken	Moore	49
Nancy	Chad-Jones	46
Brent	Hunter	44
Robert	Pahlman	42
Joanne	Kennedy	40
Larry	Kennedy	40
Diane	Gordon	38
Bill	Newman	35
Dave	Fielder	35
Kay	Peterson	35
Rod	McDonald	35
Kathleen	Dawe	34
Debby	Grant	26
Allyson	Welsh	25
Patty	Garrett	23
Bob	Palm	18
Dan	Cornelissen	17
Nancy	Webb	17
Kevin	Patterson	10
Annie	Peterson	9

Tim Wise is the October ride coordinator.

And the month following is

November— Warren Bare

So ride leaders send your rides to

leadaride@bikesclub.org

## Ride Guide

### PACE

**Leisurely** / Under 10 MPH

**Social** / 10–13 MPH

**Moderate** / 13-16 MPH

**Brisk** / 16-18 MPH

**Strenuous** / Over 18 MPH

### TERRAIN

**A** Mostly flat / Norman Road

**B** Rolling Terrain / McClinchy Mile

**C** Rolling steeper hills / Kitsap Peninsula

**D** Difficult Terrain / Whidbey Island

**E** Very Difficult / RAMROD

Use this chart and the ride description to determine if a particular ride is right for you. Don't take on 50 miles when you haven't done 20, but don't be afraid to start out with us on a 20-30 mile ride if your butt and legs have handled 15.

## Monthly Ride Calendar

**UNABLE TO FIND A RIDE THAT WORKS FOR YOU?  
CHECK OUT THE RIDE UPDATES ON THE WEBSITE.  
STILL NOT FINDING ONE OF INTEREST —  
Enter one on the Ride Updates on the Web.**

### Weekend rides

**Saturday September 8, A Snohomish County Sampler.** – Starting at Paine Field Park at 9.00am This High Social / Low moderate ride will travel through Everett, Marysville, Smoky Point and Arlington before turning south to Snohomish then the final return to the start. Seventy miles but only 2200 feet of elevation gain with a food stop possible more. Ride leader Warren Bare - 425-478-9594 bare.warren@ gmail.com RWGPS - <http://ridewithgps.com/routes/1601248>

### Hunters annual WORLD FAMOUS Weenie & Hotdog + rides

**Sunday, September 9th- Annual “Weenie” Ride Part A. Machias to Lake Stevens, 6 miles A Terrain.** This ride is designed for people who are riding with kids, those who haven’t been riding much, or just plain weenies that only want to ride a little way. Meet at Machias Station on the Centennial Trail at 11:00 AM. This ride will be at a leisurely pace. After our ride we will be treated to the usual goodies: roasted weenies, chips, pop & cookies. **Ride Leader Brent Hunter**

**Sunday, September 9th- Annual “Weenie” Ride Part B. Machias to Arlington, 20 miles, A Terrain Social Pace.** If you want to ride a little farther & a little faster but can still be considered a weenie then this is the ride for you. Ride starts at 10:00 AM at Machais Station. Roasted weenies & other goodies after the ride. **Leader Linda Hunter**

**Sunday, September 9th- Annual “Hot Dog” Ride. Machias to Granite Falls. 25 Miles, B Terrain, Social/Moderate Pace.** We wouldn’t forget a ride for all of you hot dogs. Ride harder, do a few hills & come back for lunch. Roasted hot dogs & other goodies at the finish. Start at 10:00 at Machais Station. **Ride Leader Warren Bare**

**Please call the Hunters if you plan to ride so we know how much to cook 425-478-6287 or 425-771-2825.** We will have the usual fare & as always we will have tofu dogs as well as the meat variety. Many thanks to Warren for being co-leader again this year!

**Saturday September 15, "Three Ferries"** ride from Mukilteo to Edmonds (14), ferry to Kingston, ride to Port Townsend (40), ferry to Coupeville, ride to Clinton (25), ferry back to start at Mukilteo. 75-80 miles, Pace = 16-18, hilly terrain. Bring money for ferry rides, approx \$15 plus more for food. Start time not decided yet, probably 8 or 8:30. For experienced riders. Rain in any form cancels. Rick Schranck 425-737-8445.

**Sunday September 16, LAKE to MARKET Ride.** Ride from Silver Lake to Everett Farmer’s Market. Approximately 20 miles RT, Social pace, A and B terrain, with a couple of C/D-ish hills. Meet at Thornton Sullivan Park parking lot at Silver Lake in So. Everett for a 10AM start time. Bring money for lunch and shopping. Got a panniers or a basket? Bring’em if you want to bring home some local fresh produce or a bouquet of flowers. Ride leader: Mike Dahlstrom, [mike.dahlstrom@frontier.com](mailto:mike.dahlstrom@frontier.com), 425-337-0887, or 360-348-0549 Day of Ride.

**Saturday September 22, Everett — Lake Stevens** social pace. Through Snohomish on the way. Lundeen Parkway to 204 on the return. 9:30AM start at NE corner of Garfield park (2 blocks East of Walnut on 23rd St). Ride leader Bill Weber contact # 425-327-3516. [bbill@clear.net](mailto:bbill@clear.net)

**Sunday September 23, Silver Lake to Bothell** with stop at bakery: Distance 25 miles, Terrain 30% A, 70% B. Pace Low-Social. Meet at 10:00 am at Bicycle Centers of Everett Silver Lake Location. Water falling from the sky cancels the ride. Gery's cell: 469-358-2887. <http://www.mapmyride.com/routes/fullscreen/50025880/>

**Saturday September 29, "Jinxed ride"** Lynwood Transit Center (with optional start at McColum Park) to Green Lake. Meet at 10:00 am at Lynnwood Transit Center, or (for some extra miles) at 9:00 at McColum Park. Distance 23 miles (I think McColum adds 12 more miles or so). Terrain B. Pace Low-Social. Food Stops at Green Lake. Water falling from the sky cancels the ride. Gery's cell: 469-358-2887. <http://www.mapmyride.com/routes/view/37348650>

**Sunday September 30, Garfield Park / Snohomish.** Start at Garfield park (2 blocks East of Walnut on 23rd St.) at 10:00am. We will ride about 20 miles, leisure social pace with a food stop in Snohomish. Leader Bill Weber 425-327- 3516 [bbill@clear.net](mailto:bbill@clear.net)

## Weekday rides

**September 3rd. Whidbey Island. Clinton - Freeland - Maxwelton.** Meet at 9:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. We will catch the 9:30 ferry (\$4.95). Ride the south part of the island. 48 miles. Bring snacks. Cappuccino in Freeland. Pace: Moderate. Terrain: C/D. Call (425)349-5065 or email: fiorepg@frontier.com

**Tuesdays (Except Sept. 18th)** as I will most likely be out of town) morning rides at 9:00am - starting at Bicycle Centers at Silver Lake... "usual" details... Pace Low-Social. Water falling from the sky cancels the ride. Gery's cell: 469-358-2887.

**Wednesday, Sep 5 – Pedal Pushers ride Padilla Bay to Anacortes.** Meet at Bay View State Park for a 10am start. Pedal the Padilla Bay trail along the water and on into Anacortes. Low-social pace, A terrain with a short grade on the overpass, 28 miles (ask about an 18 mile option), level road and paved trail. Snack break at Gere-a-Deli in Anacortes. Ride leader Nancy Graham nancybikes@gmail.com or 425 493-1952. Rain cancels.

**September 5th. Mukilteo - Lake Stevens.** Meet at 9:00 AM in the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Snohomish-Machias-Lk Stevens-Everett-Mukilteo. 54 miles. Pace: Moderate. terrain: A/B. Call (425)349-5065 or email: fiorepg@frontier.com

**September 7th, 21st, 28th. Mukilteo-Forest Park-Everett** Meet at 9:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo Blvd to Forest Pk and return via Interurban trail. 20 miles. Pace: Social, terrain: A/B. Call (425)349-5065 or email : fiorepg@frontier.com

**September 10th, Mukilteo-Snohomish-Everett (Al's Loop)** Meet at 9:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Lowell-Snohomish-Everett-Mukilteo. 42 or 47 miles. Pace: Moderate, terrain: A/B. Call (425)349-5065 or email : fiorepg@frontier.com

**September 12th. Mukilteo-Snohomish-Everett (Al's Loop)** Meet at 9:00 AM at the parking of 5425 Harbour Pt. Blvd. Mukilteo. Route: Mukilteo-Lowell-Snohomish-Everett-Mukilteo. 42 or 47 miles. Pace: Moderate, terrain: A/B. Call (425)349-5065 or email : fiorepg@frontier.com

**Thursday, Sep 13 – Pedal Pushers ride Lynnwood to Silver Lake on the Interurban.** Meet at South Lynnwood Neighborhood Park for a 10am start. Ride to Thornton Sullivan Park and around Silver Lake. Low-social pace, A-B terrain (some rollers on the trail), 18 miles, paved trail with some short road connections. Snack break at Silver Lake or L' Artisan Bakery. Ride leader Debby

**Wednesday, Sep 19 – Pedal Pushers ride Conway to Mt Vernon via Fir Island.** Meet at the parking lot at the park just north of the Conway ball park on Dike Rd for a 10am start. We'll ride out on the west side of the Skagit River and return on the east side. Low-social pace, A terrain, 21 miles. Food break in Mt Vernon. Ride leader Warren Bare bare.warren@gmail.com or 425 743-7593. Rain cancels. This is a map to the ride start location: <https://maps.google.com/maps?q=48.342607,-122.34908&hl=en&ll=48.342714,-122.349243&spn=0.000893,0.002642&num=1&t=h&z=19> Grant dgrant@ci.lynnwood.wa.us or 206 353-0249. Rain cancels.

**September 24th. Golden Gardens** Starts at 9:00AM in the parking of 5425 Harbour Pt. Blvd, Mukilteo. Mukilteo-Edmonds-Seattle and back. (via Blue Ridge) 50 miles. Pace: Moderate, terrain D. Call (425)349-5065 or email: fiorepg@frontier.com

**Thursday, Sep 27 – Pedal Pushers ride Log Boom to Marymoor to Seattle.** Meet at Log Boom Park for a 9am start. This 50 mile RT end-of-season ride is for all you trail riders who want to see what you can do! We'll ride to Marymoor Park, return to Log Boom, then head into Seattle to Gas Works Park. Lunch break along the way – bring food or money. Ride leader Linda Hunter linda.hunter300@gmail.com or 425 771-2824

### A Message from the Rider Miles Coordinator

I've had some questions this month about why it seems to take so long to see your miles recorded in the newsletter so thought I would try to explain. I understand that when you have done the ride you want to get credit for the mileage & I want to make sure you get credit for those miles too.

After the ride your ride leader sends me the miles & the names of the people who were on the ride. I keep track of all the miles on a spreadsheet & on the 19th or 20th of the month I send the spreadsheet to the newsletter editor. He needs to have the info by the 20th because he has to get the newsletter formatted & sent to the printer in order for people to receive their newsletter by the first of the month.

If you do a ride on the 21st of August your mileage won't show up until the October newsletter. Or another scenario, the ride took place earlier in the month but the ride leader doesn't get the mileage sent in until after the 20th & the same thing happens, your mileage won't be in the newsletter until October.

(continued on page 5)



**www.bikesclub.org**  
**B.I.K.E.S. Club**  
**P.O. BOX 5242**  
**Everett, WA 98206**

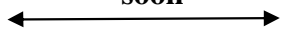
Primary  
 Business  
 Address

**NEW MEMBERS**

Nancy Chadwick-Jones  
 Brenda & William Ferguson  
 Raymond Metz  
 Faith & Edmund Moyer  
 Russ & Tina Rainforth

**Hope to see you on a ride**

**soon**



**RENEWING MEMBERS**

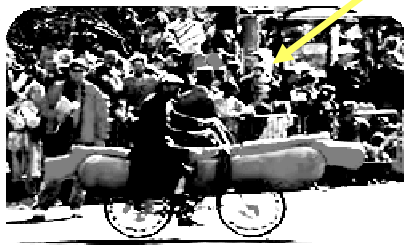
Tom & Jeanne Crisp  
 Pier Fiorentini  
 Susan Hausmann & Robert Smith  
 Bill Newman  
 Mark Snyder  
 Allyson Welsh  
 James Wright

**Thanks for Renewing**

**Everett Bike Map**

Mike Dahlstrom was able to get a copy of the "Everett City Bike Map". This map is in the same format as one from Vancouver, BC that he showed some of us a while back. It's the size of a credit card and the map folds into it for easy transport. He has requested a more from the city for event "give-away" and for members. So if you see Mike ask if he was able to score some maps.

Someone said that looks like Brent



*Is it time to renew? →*

**Chainwheel Chatter September 2012**

**. NEWSLETTER SUBMITTAL**

Please submit all material for the **October** newsletter by **September 20th** to [editor@bikesclub.org](mailto:editor@bikesclub.org)

**Club Bike Box and Trailer**

Ready to travel with your bicycle? BIKES Club members can use our sturdy bike box for airline travel or our BOB trailer to tow gear behind their bicycle. Cost - **FREE** Basically, these are club benefits we want people to use. To arrange for use contact Warren Bare at (425) 743-7593 or another club officer.

**B.I.K.E.S.-Membership** P.O. Box 5242, Everett WA 98206

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Email \_\_\_\_\_

**Membership \$15 Annually (INDIVIDUAL)**

**DUES \$20 Annually (FAMILY)**