

Chainwheel Chatter

B.I.K.E.S. Club of Snohomish County

June 2021



Prez Sez

June BIKES Club Activities

There are a variety of BIKES Club rides scheduled through June on the [Calendar](#). Some rides may be posted the day before scheduled activity. Rides can be cancelled or changed when weather conditions are forecast to be sufficiently foul. The determination of “foul” weather varies among Ride Leaders and which forecasts they think may be accurate. Keep up with ride changes by subscribing to [Ride Updates](#).

Bike Everywhere Challenge

May is the Bike Everywhere Challenge. This summer, numerous organizations are supporting you and your community rides through the 2021 National Bike Challenge.

Starting with Bike Month in May and finishing with Cycle September, we're supporting everyone to ride. It doesn't matter if you've recently dug out your bike from the garage or if you're trying to claim the record on your local trail.

You may sign up for multiple teams. A couple of suggestions are:

- [BIKES Club of Snohomish County](#)

- [Snohomish Bike Month Challenge](#)

SnoCo Bike Bingo runs from May 21 through June 30. The game gives people extra reasons to ride, to explore your community, and support local business. The event is hosted by Sharing Wheels as part of the nonprofit's commitment to promoting bike education, empowerment and community sustainability.

South Snohomish County's [Bike2Health bingo game](#) runs May 1-31.

In celebration of Bike Month, the [Snohomish County Transportation Coalition](#) is sponsoring lunch-time panels on local bike infrastructure projects and Outdoors for All adaptive cycling opportunities.

About 20 teams from Snohomish County are participating in the Bike Everywhere Challenge this month. You can still [signup and log your miles](#).

Stay well and have a great ride!

Rick Proctor

President, BIKES Club of Snohomish County

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BIKES Club Picnic

The annual BIKE Club picnic is back in the plan for this year on Saturday, July 31st at Hauge Homestead Park in south Everett next to Silver Lake. This 11 AM – 3 PM event will be a bring-your-own-lunch event. No alcohol allowed per Everett Parks rules. The restrooms at this park are open. Please register online so we will know how many plan to attend. Club rides before the lunch are expected. More details later.

[Register for the Picnic >>>](#)



Coming Up...

June Club rides

There are a variety of BIKES Club rides scheduled through May. Some rides may be posted the day before scheduled activity. Rides can be cancelled or changed when weather conditions are forecast to be sufficiently foul. The determination of “foul” weather varies among Ride Leaders and which forecasts they think may be accurate. Find a ride on the Calendar.

[Rides Calendar >>>](#)

Next BIKES Club Meeting

BIKES Club has monthly club meetings for members on the 2nd Thursday of each month from September to May. No meetings in the summer or December.

The next BIKES Club meeting is set for 7 PM, September 9th, 2021 and might be in person if the COVID-19 situation allows and if a suitable meeting place is found.. An agenda and Zoom meeting details, if necessary, will be emailed to all BIKES members.



News You Can Use...

Reminders to BIKES Members

Changes in the COVID-19 requirements of Washington state has caused changes in our club. While the COVID-19 situation is improving as more and more people are vaccinated, there is still a large number of people across our communities who have not yet been vaccinated.

- The BIKES Club limit is 8 maximum riders per group including the Ride Leader. Each ride description will specify the maximum number of riders for that ride.
- BIKES Club rides remain temporarily for BIKES Club members only.
- Rides on the website Calendar page will be visible for the public to see our activities and perhaps join.
- **All rides require online registration as described in the ride posting on our website Calendar page.**

We all need to continue our vigilance in maintaining good social distancing of 6 feet or more between each other with all activities until further notice. The primary social contact opportunities during a bike ride are check-in, traffic stops, and rest stops where social distancing of at least 6 feet is needed. Social distancing during a ride is easy when at least three (3) bike lengths of open space between bikes is maintained.

[Online Reg - Tips for Ride Leaders >>>](#)

[Online Reg - Tips for Everyone >>>](#)



Anticipation

Rick Proctor

Getting ready for a club bike ride always brings a sense of anticipation. Will the route be fun to ride? Even when I know the route, will there be changes along the way? Will there be unexpected obstacles, like road construction detours or closures? Is the weather forecast accurate? Will there be rest stops when needed? Is my bike ready to go? Am I ready to go? All these aspects of anticipation can be mitigated with good preparations learned through experience.

I also anticipate riding with friends and the social interaction where we continue prior discussions and start new ones. I'm already thinking about the coffee stop with conversations, humor, and a baked goodie of some sort.

I think of anticipation as consideration for positive outcomes and worry as consideration for negative outcomes. My theory is *worry is a waste of imagination* and I try to build for positive outcomes by anticipating which preparations are needed to get there. For example, if a weather forecast indicates sufficient likelihood for a rain shower, I bring a rain jacket and helmet cover, or decide to ride light by simply ignoring any discomfort of being temporarily wet, or some combination of these options.

Anticipation is only part of the adventure of a bike ride. There will always be unknowns when starting out on a bike ride – that's part of why bicycling is interesting and fun. The other part of the bike ride adventure is doing it. Let's ride!



Club meeting minutes

Catch up here to read the most recent meeting minutes. Log on to the club website to access all meeting minutes.

[Meeting Minutes >>>](#)



Rider Miles

[How many Club miles do you have?](#)



Sharing Wheels Update

People who stop by a local event can get their SnoCo Bike Bingo cards (and check off a few squares). The month-long bingo game offers encouragement and prizes for local bike trips and bike-related activities, such as visiting public art by bike, biking to a farmer's market, or tackling a big hill.

Learn more about local Bike Month activities on:

[Sharing Wheels Website >>>](#)



bikesclub.org

Comments or suggestions? Send an email to:

Newsletter Editor

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