Chainwheel Chatter

B.I.K.E.S. Club of Snohomish County May 2022







Prez Sez

You are probably reading this because you like to ride a bike, so you're in the right place.

Spring has arrived with more daylight time to get out for a ride. Go for it!

Stay well and have a great ride!

Rick Proctor

President, BIKES Club of Snohomish County

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Bike Everywhere Challenge

May is the month designated for the Bike Everywhere Challenge. Do you want to get competitive about it? Here are some resources available to get your bike riding juices going:

- <u>National Bike Challenge</u>: A nationwide event uniting thousands of bicyclists and encouraging new riders. It's a free and easy way to challenge yourself, your colleagues, and your community to ride more while competing on a local, state and national level.
- Bike Everywhere Challenge: The 2022 Bike Everywhere Challenge happens annually around Washington State throughout the month of May. It's a fun and free competition to encourage your friends and colleagues to experience firsthand the joys and benefits of riding a bike everywhere and any time, rain or shine! Be recognized for your rides!
- Join our Club/Group "BIKES Club of Snohomish County" as We participate in the National Bike Challenge, it's free. Then you may enter all your bike riding miles (club miles and non-club miles) for each day you ride. Your miles will be included in our BIKES Club statistics and compared with other Clubs/Groups. Let's show what BIKES Club can do! You will also be able to explore the many options to compare standings with other clubs, riders, and regions. It's fun and free. Note: there is a BIKES Club of Snohomish County team limited to the first 10 riders to join. The BIKES Club of Snohomish County Club/Group allows unlimited members and should better represent who we are.
- Bike Everywhere Day: Friday, May 20, 2022, is National Bike
 Everywhere Day. In past years several organizations have organized a
 morning event across the street from the Everett Station (3201 Smith
 Ave). BIKES Club has had a table with club information, promotional
 items, and people to talk to about bicycling. Stay tuned for late breaking
 information sent via e-mail to members and in the event link on the
 Calendar page. Get ready to come join the social festiveness!

BIKES Club Picnic

The annual BIKE Club picnic is back in the plan for this year on Saturday, July 30^{st} at Hauge Homestead Park in south Everett next to Silver Lake. This event is typically 11 AM - 3 PM. More details will be provided via e-mail to members and the event link on the <u>Calendar</u> page. No alcohol allowed per Everett Parks rules. The restrooms at this park are open. Please register online so we will know how many plan to attend. Club rides before the lunch are expected.

New Membership options:

Individual Monthly Membership went live April 4, 2022

BIKES Club rides are for BIKES Club members only. The traditional annual membership provides BIKES Club members with access to all club rides and events for a full year.

The One Month Individual membership provides an opportunity for non-members to join our BIKES Club for a month at a reduced price. This option allows the One Month Individual member access to go on all rides for a month. The One Month Individual membership option is a good way for new or visiting riders to experience the BIKES Club and get to know us.

Membership Benefits>>>







Coming Up...

April Club rides

There will be a variety of BIKES Club rides scheduled through April on the <u>Calendar</u>. Some rides may be posted the day before the scheduled activity. Rides can be cancelled or changed when weather conditions are forecast to be sufficiently foul as determined by the Ride Leaders and which forecasts they think may be accurate. Keep up with ride changes by subscribing to <u>Ride</u> Updates.

Rides Calendar >>>

Next BIKES Club Meeting

The next BIKES Club meeting is set for 7 PM May 12th, 2022 and will be online using Zoom due to the persistent COVID-19 situation. BIKES Club members will be e-mailed the agenda and meeting details.

BIKES Club has monthly club meetings for members on the 2nd Thursday of each month from September to May. No meetings in the summer or December.

BIKEPACKING

What is it and why should you care?

Let's start with a very abbreviated history of the bicycle.

In the beginning was The Road Bike, the most beautiful of all bicycles in design and style. Well, in fact there were other bicycles before the road bike (aka 10 speed) such as middleweights and path cycles and three speeds and such. But these earlier bikes were overshadowed by The Road Bike in gleam and speed to such an extent that those others ought not to have existed at all.

Then a couple of guys in California took some old 26" cruiser bikes and rode them on some mountain trails and, by doing so, invented the mountain bike. There was now a new type of bike in town which attracted much attention.

Read More >>>





News You Can Use...

McClinchy Mile Rocks!

We had a successful ride on Sunday April 24 2022

Big Kudos to Kristin Kinnamon for organizing the event and leading the pack of volunteers!

B.I.K.E.S. Club of Snohomish County hosted the first McClinchy Mile ride in 1982 – this was our 40th year! We had 240 riders participate.

This years McClinchy Mile – Camano Climb Bicycle Ride offered scenic and challenging route. Fresh food stops, SAG support and gourmet appetizers at a local brewpub after the ride were included.

Big Event Ride

The sun was shining, the flowers were blooming, and the birds were chirping as I parked my car at the Stanwood Middle School and unloaded my bike. The temperature was 47°F and the weather forecast was good – all indicators pointed toward a great day for bike riding. I got in line to check-in and get a rider number. A sense of excitement was apparent as I chatted with other riders in line. I teamed up with a friend, we pinned on our numbers, and we rolled out about 9 AM to ride the 65 mile Metric Century route of the 2022 McClinchy Mile – Camano Climb on Sunday, April 24th.

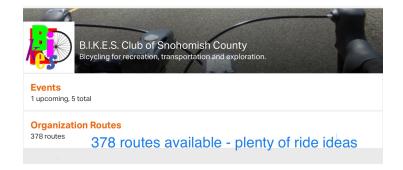
Read More >>>

Ride Leader Corner:

Ride Coordinator thoughts

As we roll into May, the weather should grant more days for riding. Wouldn't it be nice to have each club ride leader commit to leading a ride this month? And yes, I know several of us lead more than one a month, but let's think about even more choices.

What's that you say, you don't have a route idea? Check the club's RWGPS library of routes, sortable by distance among other criteria. Click on *Member only/Ride leaders* to find the specifics, and you'll be able to access this:



COVID-19 persists

Temporary Precautions for BIKES Club Ride During the COVID-19 Crisis.

Max Group Sizes

Ride groups may now have 12 riders or less as determined by the Ride Leader. The number includes the Ride Leader. The ride posting and registration page should indicate the maximum number of riders for the ride.

Have a safe and fun ride!

Dan Scott, Ride Leader Coordinator

leadaride@bikeclub.org

Online Reg - Step by Step>>>

Ride Leader Guidelines>>>

Online Registration Process for Ride Leaders >>>



Rider Miles

Top riders for April

Proctor	Rick	701
Linari	Steve	615
Heydron	Paul	570
Tweedy	Christine	553
Elmore	Brian	429

How many Club miles do you have?



Club meeting minutes

Catch up here to read the most recent meeting minutes. Log on to the club website to access all meeting minutes.

Meeting Minutes >>>



Sharing Wheels

Sharing Wheels News

Now open Sundays!

We are open noon to 4 p.m. Sundays through the summer. We also offer a free <u>Fix a Flat class</u> on the Second Sunday of each month.

Upcoming Events:

May 8 - Fix a Flat class at noon. Bike Repair Party. Please RSVP on our Calendar.

May 15 - Everett Farmers Market Booth

May 20 - Bike Everywhere Day at Everett Station

May 25 @ 6:00 pm - 9:00 pm - Basic Bike Maintenance

This 3-hour class includes: how to fix a flat, chain care, adjusting gears and brakes, and identifying when to take your bike into a bike shop. Advanced registration required. Signup on our Bike Classes page.

Sharing Wheels Website >>>

Other Links

League of American Bicyclists

Click on the link below to read the League blog and catch up on League efforts around the country. BIKES is a member of the League of American Bicyclists and it is through the League that we purchase our club insurance.

League of American Bicyclists>>>

Adventure Cycling

Whether you like your adventures in the saddle or from the armchair, Adventure Cycling will inspire. You might also find reviews of new bikes and equipment and tips on how to enjoy or improve what you already have.

Adventure Cycling >>>



bikesclub.org

Comments or suggestions? Send an email to:

Newsletter Editor